

Home Monitoring for **HEART** patients during Pandemic



Approved by:



Brought to you by www.cardiologistmalaysia.com : Contact Mr Seetoh +6018-9709628

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Hospital Monitoring at home

- **Vital signs** – BP, Pulse, oxygen saturation, temperature, glucose, weights, urine volume, *ECG*
- **Symptoms and Signs** – Head to toe, pain, discharges (eye, nose, mouth, lung, urine, feces, vagina, wound)
- **Telemedicine** – audio and visual consultation

Home Machines



Blood Pressure Monitor
血壓監測儀



Pulse Oximeter
脈搏血氧儀



Home ECG
家用心电图



Thermometer
溫度計

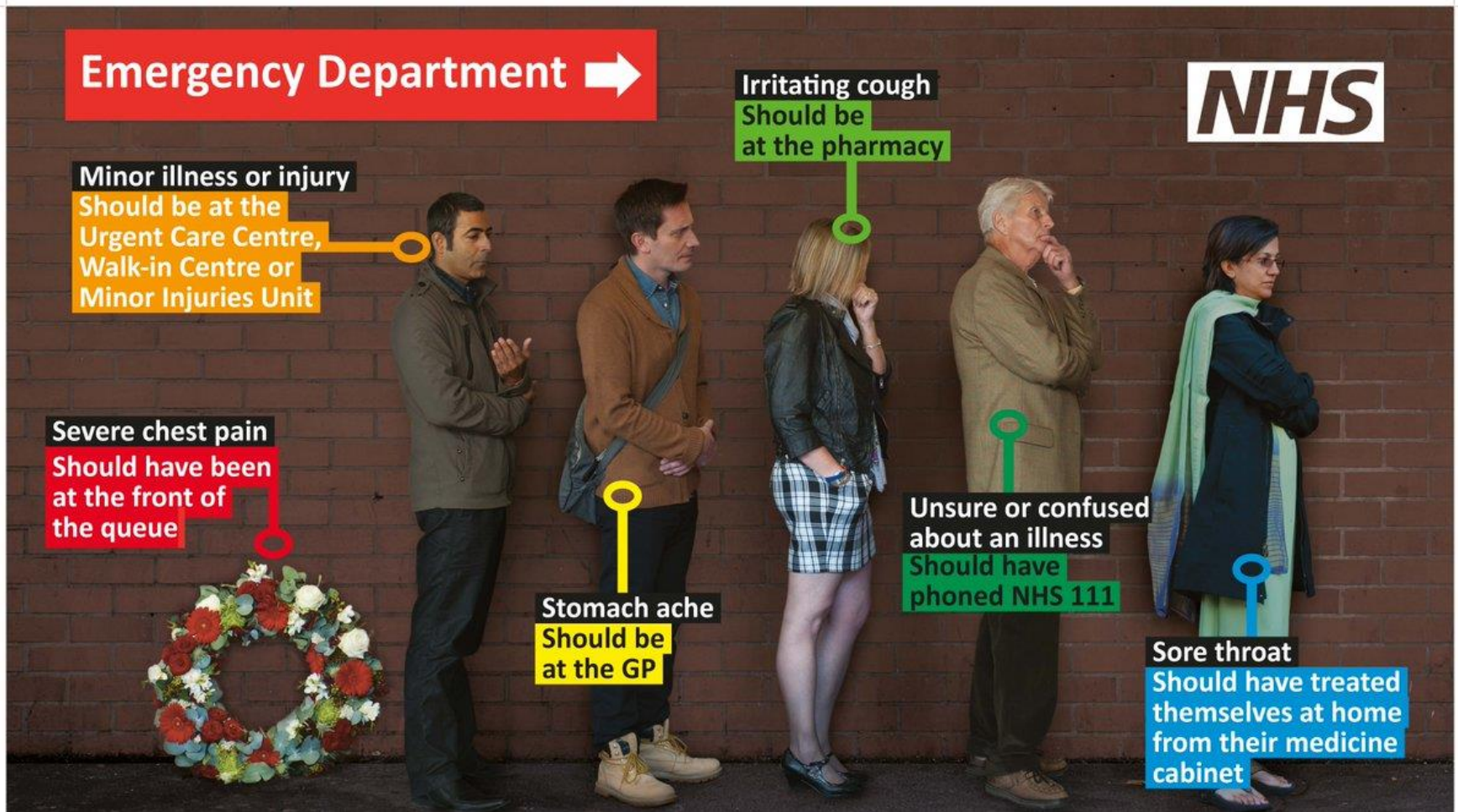


Blood Glucose Meter
血糖儀



Weighing Machine
称重机

A&E emergency Long Queues, exposure to COVID and \$\$



Who needs HOME ECG?

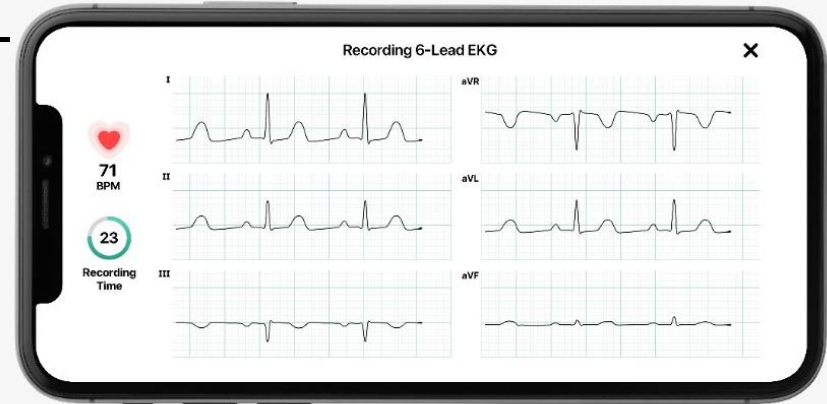
- If you or family had history of heart attack?
- If you or family had history of heart failure?
- If you or family had history of abnormal heart rhythm
- If you or family had strong risk factor for sudden cardiac death
- If you or family had history of heart diseases, stents, bypass, valve replacements?

Who needs HOME ECG?

- If you or family have **palpitation?**
 - ECG can diagnose AF atrial fibrillation/ flutter, arrhythmia (SVT, VT), PVC
- If you or family have **chest pain?**
 - ECG can diagnose acute heart attack or ischemia (lack of Oxygen to heart muscle)
- If you or family have **giddiness or blackouts?**
 - ECG can diagnose heart blocks, VT, TDP, VF
- If you are caring for an **elderly at home**
- **If you exercise vigorously** with the symptoms above

HOME ECG- KardiaMobile 6L is the world's first- and- only FDA-cleared six-lead personal ECG.

- Cardiologist Recommend **6-leads** ECG- higher accuracy from the comfort of home.
- The AliveCor Kardia Mobile ECG for iPhone and Android allows patients to take a medical-grade ECG in just 30 seconds. Results downloaded immediately to your smartphone.
- The **detailed 6-leads** ECGs tracing (dangerous arrhythmias and heart attacks) can be shared to your doctor ASAP .
- Automatically Detects Afib (atrial fibrillation), Bradycardia, Tachycardia & Normal heart rhythm.
- no wires, patches, or gels required.



Dimensions • 9.0 cm x 3.0 cm x 0.72 cm



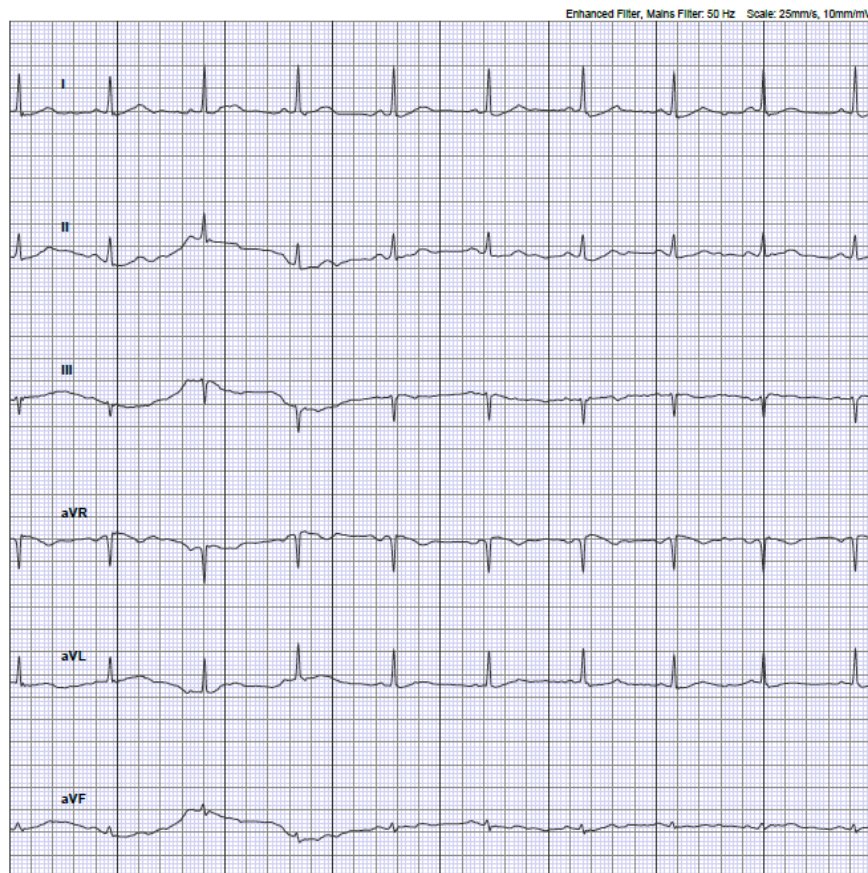
MEDICAL GRADE TRACINGS

FDA approved Kardia 6 X Leads Medical grade ECG

Recorded: Monday, 05 Apr 2021, 6:51:56 am
Heart Rate: 71 bpm
Duration: 30s

Kardia Determination: Normal
* Kardia Determination is done on Lead I.

Kardia



Non FDA approved single lead ECG from Aliexpress-



BUY NOW

- 1 year warranty (T&C applied)
- **Contact Mr Seetoh +6018-9709628**
- Limited time offer **RM 1250** (free shipping in Malaysia + 10 free ECG interpretations worth RM 50)
- Bundle Offer
 - Oxymeter + **RM 250** (German Brand)
 - out of stock now –pls preorder
 - Basic ECG identification course for beginners + **RM 300 (buying separately will cost RM 750)**



BUY KARDIA
MOBILE DEVICE



DOWNLOAD THE
KARDIA APP

Download IOS app

Download Android app



TAKE AN ECG IN
JUST 30 SECONDS



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Basic ECG identification course for beginners **RM 750**

- 1 hour online instructions taught by Cardiologist that can be viewed repeatedly.
- Aim to teach non medical, carers, nurses, allied health (physiotherapist, Occupational therapist, chiropractors, TCM and complementary practitioner) and medical students to identify common **dangerous ECG changes**.
- Certification is available at additional **RM 250.**
(Revision once a month via Zoom for 1 year)

Patient empowerment

Be in control of your heart

- Patient as active participant and partner in care
- Patients gain peace of mind knowing their data can reach their health care team in split seconds.
- It's MY responsibility to monitor MY symptoms and vital signs. An engaged patient increases compliant and improved outcomes
- Doctors can review data via telemedicine
- Clinically-validated and widely-used personal ECG in the world

**Warning Signs
to monitor at home**

危險症狀

Critical XXX– call 999 ASAP when

- **Unconscious** – unresponsive, no breathing, no pulse, no movement
- **Symptoms +** Persistent low BP < 90, fast heart rate > 120 at rest, oxymeter saturation < 90% (machine calibration)
- **Massive bleeding**- cut, vomit, pass blood
- **Suicidal ideation**

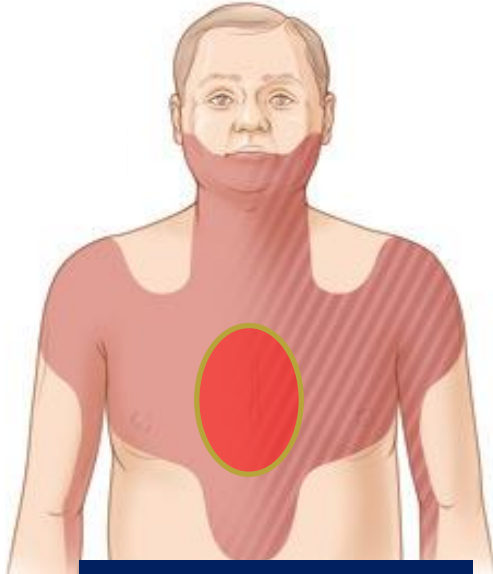
Pneumonia Symptoms

- Cough, fever, sore throat – (old people or immunocompromised patient like HIV, diabetes, chemotherapy, hematological patient may not have symptoms above)
- Breathlessness
- Chest pain
- Black out
- **DEATH** signs- Persistent SBP low < 90 , fast heart rate > 120 at rest, oxymeter saturation $< 90\%$

HEART + STROKE Warning Signs

心脏病+中風
危險症狀

Heart disease symptoms



Chest pain / 胸痛



Breathless / 气喘



Palpitation / 心跳



Giddiness / 头晕



Cold sweat / 冷汗



Nausea / 恶心

HEART FAILURE 心脏衰竭



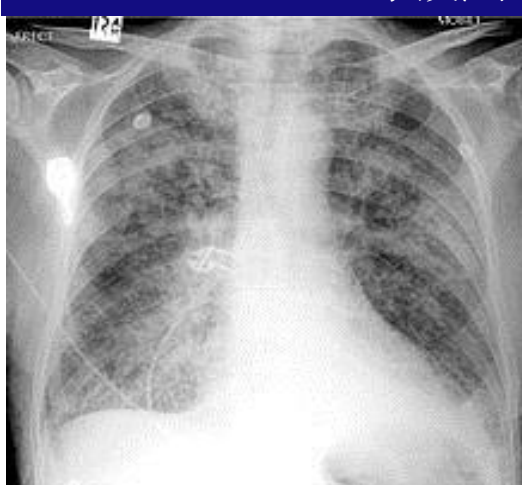
COUGH-咳嗽

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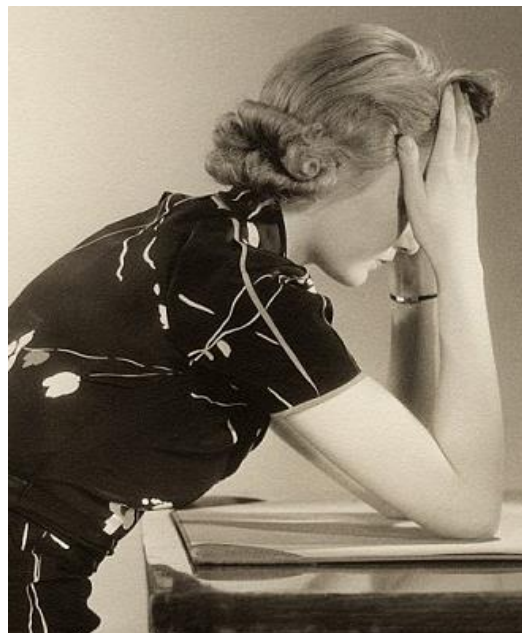


BOTH Legs swelling-腳腫脹

Breathlessness-呼吸困難



Water in lungs-肺積水



Tiredness-疲勞



Abdo swelling-腹部腫脹



Scrotum-陰囊腫脹

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Stroke Symptoms-中風危險症狀



Severe headache/ 严重头



Sudden Giddiness / 晕眩



Sudden Confusion / 迷茫

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Blur Vision / 眼花



Face distortion/ 脸部变



Slur speech / 口齿不清

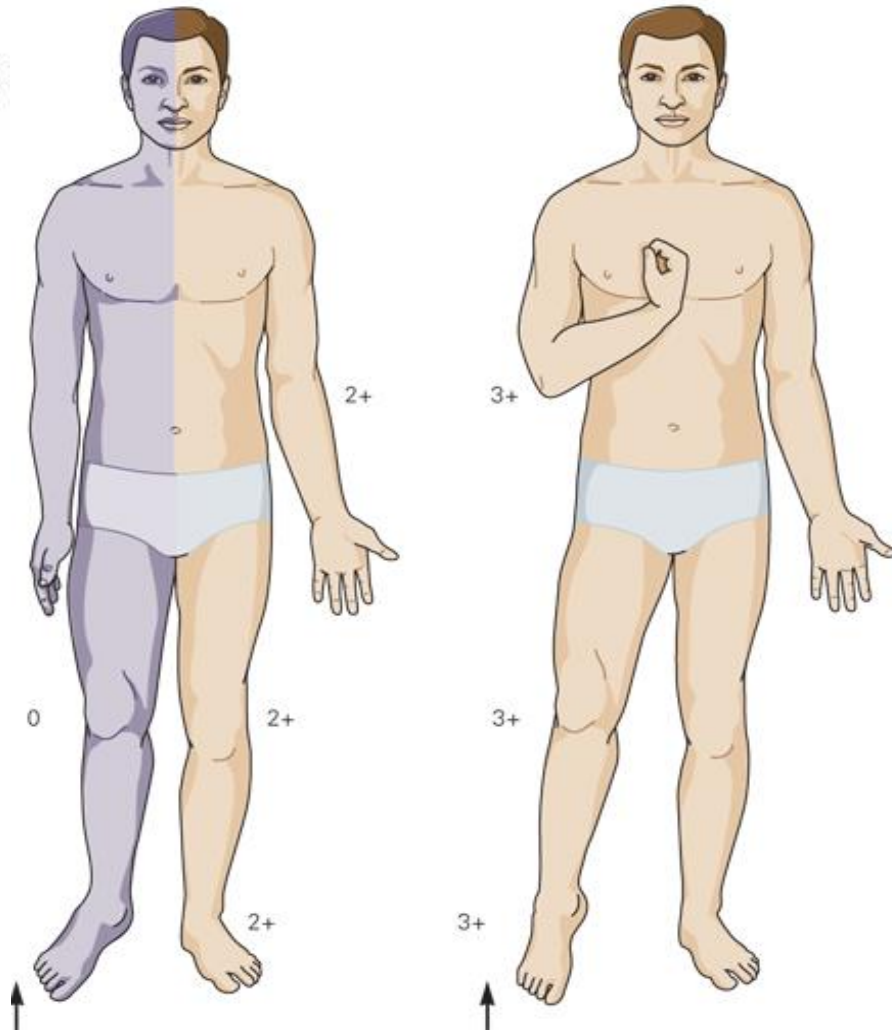
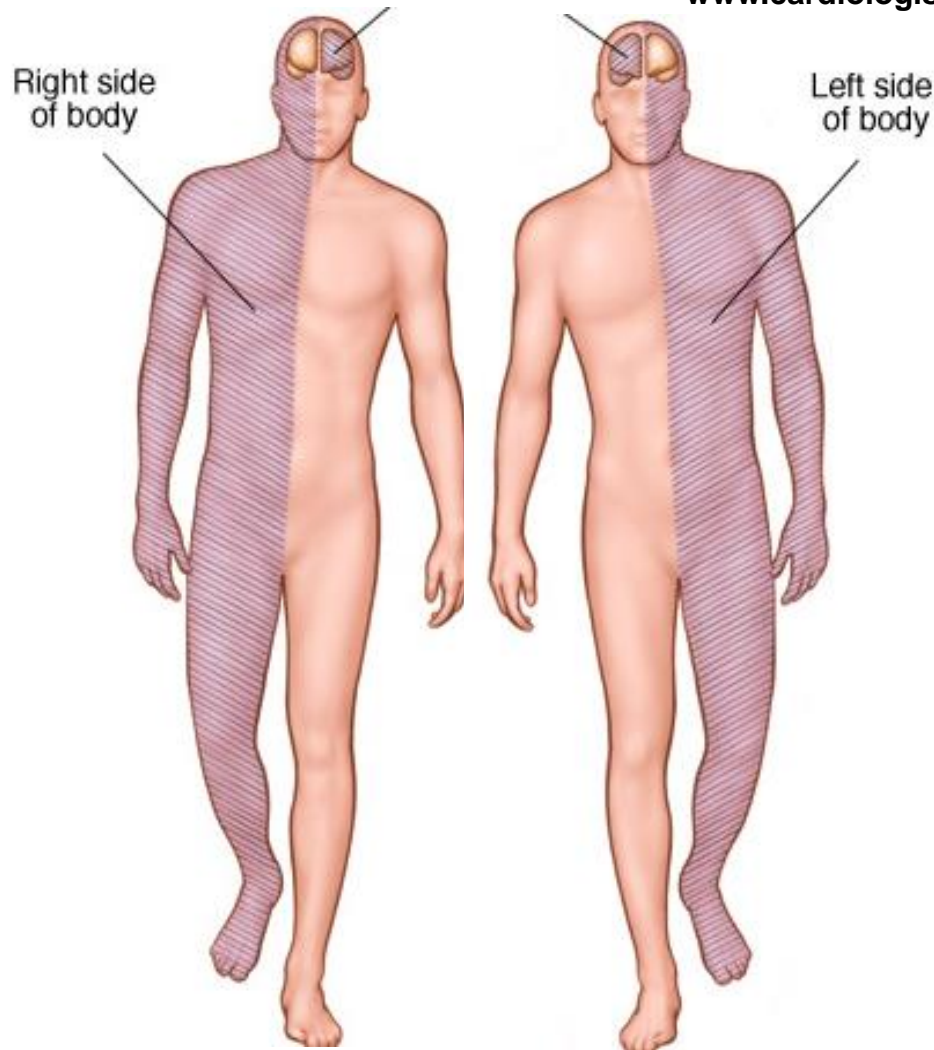


Stroke Symptoms-中風危險症狀

One sided Numbness/ 一边麻木

One sided weakness/ 一边没力

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